

Northview High School

CLAY COUNTY SECONDARY BRKFST OCT BREAKFAST 2024

Sep 27, 2024

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Monday	Tuesday	Wednesday	Thursday	Friday
	Oct - 1 BISCUITS AND GRAVY FRESH FRUIT JUICE Milk variety 1%	Oct - 2 DUTCH WAFFLE YOGURT, STWBRY FRESH FRUIT JUICE Milk variety 1%	Oct - 3 FRENCH TOAST STICKS SAUSAGE PATTY FRESH FRUIT JUICE Milk variety 1%	Oct - 4 EGG OMELET BACON BAGEL FRESH FRUIT JUICE Milk variety 1%
Oct - 7 BREAKFAST BURRITO FRESH FRUIT JUICE Milk variety 1%	Oct - 8 CINNAMON ROLLS BACON FRESH FRUIT JUICE Milk variety 1%	Oct - 9 BREAKFAST SANDWICH FRESH FRUIT JUICE Milk variety 1%	Oct - 10 PANCAKES & SYRUP SAUSAGE PATTY FRESH FRUIT JUICE Milk variety 1%	Oct - 11 NO SCHOOL TODAY
Oct - 14 NO SCHOOL TODAY	Oct - 15 NO SCHOOL TODAY	Oct - 16 NO SCHOOL TODAY	Oct - 17 NO SCHOOL TODAY	Oct - 18 NO SCHOOL TODAY
Oct - 21 CHOC or POWDER MINI DONUTS Milk variety 1% FRESH FRUIT JUICE	Oct - 22 BISCUITS AND GRAVY FRESH FRUIT JUICE Milk variety 1%	Oct - 23 DUTCH WAFFLE YOGURT, STWBRY FRESH FRUIT JUICE Milk variety 1%	Oct - 24 FRENCH TOAST STICKS SAUSAGE LINKS FRESH FRUIT JUICE Milk variety 1%	Oct - 25 BREAKFAST PIZZA FRESH FRUIT JUICE Milk variety 1%
Oct - 28 BREAKFAST BURRITO FRESH FRUIT JUICE Milk variety 1%	Oct - 29 CINNAMON ROLLS BACON FRESH FRUIT JUICE Milk variety 1%	Oct - 30 BREAKFAST SANDWICH FRESH FRUIT JUICE Milk variety 1%	Oct - 31 PANCAKES & SYRUP SAUSAGE LINKS FRESH FRUIT JUICE Milk variety 1%	

ALL MENUS SUBJECT TO CHANGE WITHOUT NOTICE!!!!

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	487	450-600	100%	640	Protein	11.73 g	9.64%
Sodium	460 mg				Carbohyd	83.90 g	68.96%
Fiber	6.47 g				Tot. Fat	12.08 g	22.33%
Calcium	182.78 mg				Sat. Fat	4.60 g	8.51%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient. * - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Northview High School

CLAY COUNTY SECONDARY LUNCH

OCTOBER LUNCH 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	Oct - 1 NACHOS W/ MEAT PIZZA REFRIED BEANS SALAD W/ DRESSING FRUIT COCKTAIL FRESH FRUIT Milk variety 1%	Oct - 2 CHICKEN on BUN PIZZA SEASON WEDGES LETTUCE & TOMATO PINEAPPLE JUICE Milk variety 1%	Oct - 3 STEAK BITES PIZZA CORNBREAD WG GRAHAM CRACKERS BUTTERED CARROTS CUCUMBER COINS MANDARIN ORANGES FRESH FRUIT Milk variety 1%	Oct - 4 CHICKEN RANCH WRAP PIZZA CORN LETTUCE & TOMATO TROPICAL FRUIT SALAD JUICE Milk variety 1%
Oct - 7 CHILI DOG PIZZA PEPPERONI BROCCOLI & CHEESE CARROTS&CELERY / DIP PEARS JUICE Milk variety 1%	Oct - 8 SPAGHETTI PIZZA SALAD W/ DRESSING GREEN BEANS PEARS FRESH FRUIT Milk variety 1%	Oct - 9 CORN DOG Pizza Saus. RED PEPPER STRIPS BAKED BEANS PEACHES JUICE Milk variety 1%	Oct - 10 CHICKEN PATTY/BUN PIZZA LETTUCE & TOMATO FRENCH FRIES FRUIT COCKTAIL FRESH FRUIT Milk variety 1%	Oct - 11 TEACHER IN-SERVICE DAY
Oct - 14 FALL BREAK	Oct - 15 FALL BREAK	Oct - 16 FALL BREAK	Oct - 17 FALL BREAK	Oct - 18 FALL BREAK
Oct - 21 PORK FRITTER PIZZA CORN SALAD W/ DRESSING PINEAPPLE JUICE Milk variety 1%	Oct - 22 GENERAL TSO CHICKEN & RICE Pizza Saus. CALIFORNIA BLEND VEGGIES RED PEPPER STRIPS FORTUNE COOKIE MANDARIN ORANGES FRESH FRUIT Milk variety 1%	Oct - 23 CHEESEBURGER / BUN PIZZA CARROTS / DIP FRENCH FRIES TROPICAL FRUIT SALAD JUICE Milk variety 1%	Oct - 24 BBQ PORK PIZZA PEPPERONI BUTTERED CARROTS CUCUMBER COINS APPLESAUCE FRESH FRUIT Milk variety 1%	Oct - 25 HAM & CHEESE / BUN PIZZA PEPPERONI LETTUCE & TOMATO BAKED BEANS POTATO CHIPS PEARS JUICE Milk variety 1%
Oct - 28 CHICKEN NUGGETS PIZZA CARROTS&CELERY / DIP BAKED BEANS PEACHES JUICE Milk variety 1%	Oct - 29 BBQ RIB on BUN PIZZA FRENCH FRIES CUCUMBER COINS FRUIT COCKTAIL FRESH FRUIT Milk variety 1%	Oct - 30 CHICKEN TENDER W/ GARLIC TO PIZZA MIXED VEGETABLES CARROTS / DIP PINEAPPLE JUICE Milk variety 1%	Oct - 31 COOKS CHOICE; ENTREE PIZZA COOKS CHOICE FRESH VEGGIES COOK'S CHOICE VEGETABLE MANDARIN ORANGES FRESH FRUIT Milk variety 1%	

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	Average	Weekly % of Target	Average	% of Calories	Weekly Target
Calories	614*	750-850 82%	Protein	25.95* g 81.96*	16.91%
Sodium	1124* mg	8.05*	Carbohydr	g	53.41%
Fiber	g		Tot. Fat	20.88* g	30.61%
Calcium	361.89* mg		Sat. Fat	7.31* g	10.72%
					<=30.0% <10.00%